**Webinar Dr. Chad Cook Mechanisms and Clinical Effects of Orthopaedic Manual Therapy: What is the Evidence?**

**Course Purpose:** The program is designed to understand the mechanisms (specific effects) associated with thrust and non-thrust manipulation as well as the clinical outcomes associated with the approach as a treatment. Topics discussed will include:

1. What influences outcomes (e.g., natural history, non-specific and specific effects)
2. Specific mechanisms associated with thrust and non-thrust manipulation;
3. Whether one form of manual therapy leads to improved mechanisms or clinical effects.
4. The overall clinical effects associated with thrust and non-thrust manipulation

**Objectives:** At the end of this course, participants will:

1. Understand the literature on manual therapy mechanisms
2. Synthesize the clinically-oriented evidence on thrust and non-thrust manipulation
3. Recognize the gaps in the literature